



No More Bullying!

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- **What is bullying?**
- **Where do you find it?**
- **What do bullies look like?**
- **What do they do?**
- **Why do they do it?**

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Dealing with Bullying

- **Bring bullying out in the open.**
- **Talk about it with your parents, friends and teachers.**
- **Get as much information as you can about bullies and their tactics.**
- **Remember that bullying can be stopped.**